

- GLUTEN FREE -

- STARTERS -

TOMATO & BASIL SOUP

a rich tomato and basil soup served with warm toasted bread & butter

£5.95

HALLOUMI BITES

halloumi freshly battered in ginger beer batter. Served with homemade tomato and bacon jam & salad garnish

£7.50

PRAWN COCKTAIL

prawns in a Marie Rose sauce served on a bed of iceberg lettuce with cucumber, tomato, lemon and bread

£6.95

POTTED GARLIC MUSHROOMS

creamy garlic mushrooms served with warm toasted bread and pea shoots

£6.75

LASAGNE

homemade with Pwll-y-Wrach lean minced beef, served with salad & garlic bread

upgrade to cheesy garlic bread £0.25

£13.95

10oz SIRLOIN STEAK

sourced from Rosedew Farm (Llantwit Major) served with chips, grilled tomato, garlic mushrooms, onion rings & salad garnish

£23.95

BATTERED COD

freshly battered cod with chips, tartare sauce, side salad and your choice of garden or mushy peas

£14.50

10oz RUMP STEAK

sourced from Rosedew Farm (Llantwit Major) served with chips, grilled tomato, garlic mushrooms, onion rings & salad garnish

£18.95

*peppercorn | honey & mustard | white wine sauce
£2.50 each*

LAMB BHUNA

tender lamb in a thick spiced tomato, onion and ginger sauce

CHICKEN JALFREZI

chicken breast in a rich, spicy tomato sauce

VEGETABLE PENANG CURRY(vg)

an aromatic Coconut sauce, with cauliflower, green beans, mangetout and peppers

Why not add chicken breast for £1 extra

£12.45

All served with chips, rice or half & half, a poppadom & mango chutney

10oz GAMMON

with chips, grilled tomato, salad garnish and your choice of fried eggs or pineapple

£11.95

CHARGRILLED CHICKEN

BREAST

smothered in honey & mustard or white wine sauce, with chips, grilled tomato, garlic mushrooms, onion rings and salad garnish

£14.95

BEEF BURGER

Rosedew Farm (Llantwit Major) beef burger served with bacon, cheese & burger sauce

£14.50

BUTTERMILK CHICKEN

BURGER*

Chicken breast coated in buttermilk and breadcrumbs topped with cheese and our homemade bacon & tomato jam

£14.50

VEGETABLE BURGER (v)*

a lightly spiced mix of broad beans, peas and spinach, coated in breadcrumbs flecked with rice flakes and parsley

£11.95

**add onion rings to your burger for £2*

FAJITA CHICKEN SALAD

chicken breast coated in fajita spice on a bed of mixed leaf, peppers, tomatoes, onions and cucumber with a honey & mustard dressing

£10.95

GRILLED HALLOUMI SALAD

grilled halloumi on a bed of mixed leaf, peppers, tomatoes, onions and cucumber with a honey & mustard dressing

£10.95

swap your chips for sweet potato fries for £1