

# - GLUTEN CONTROLLED -

While our gluten controlled meals are made from ingredients not containing gluten, and we follow strict procedures to stop contamination our kitchen does contain gluten. If you require any further information please ask a member of the team

## - STARTERS -

<b>RED PEPPER &amp; TOMATO SOUP (V)</b> £7.50 served with warm toasted bread & butter	<b>SALMON &amp; DILL FISHCAKE</b> £7.95 salmon and potato rosti, blended with dill and lemon and coated with a seasoned light crispy batter flecked with parsley. Served on a bed of salad garnish and tartare sauce
<b>HALLOUMI BITES</b> £8.50 halloumi freshly battered in ginger beer batter. Served with a sweet chilli dipping sauce & salad garnish	<b>POTTED GARLIC MUSHROOMS (V)</b> £8.50 creamy garlic mushrooms served with warm toasted bread and pea shoots

<b>BATTERED COD</b> £19.95 freshly battered cod with chips, tartare sauce, side salad and your choice of garden or mushy peas	<b>HERB CRUSTED COD</b> £19.50 served with spring onion mash potato, peas and a white wine sauce
<b>GOLDEN BREADED SCAMPI</b> £17.95 with chips, tartare sauce, salad garnish and garden peas	<b>10oz RUMP STEAK</b> £25.50 28 day matured steak, served with chips, grilled tomato, garlic mushrooms, onion rings & salad garnish <i>peppercorn   white wine sauce £2.75 each</i>

### CHILLI CON CARNE

spicy Chilli Con Carne made with minced beef, chilli beans, tomatoes and peppers. Served with chips, rice or half and half, nachos and sour cream  
£16.50

### CHICKEN TIKKA MASALA

chicken breast in a tikka masala sauce  
£16.95

### VEGETABLE PENANG CURRY (VG)

An aromatic coconut sauce with cauliflower, green beans, mangetout and peppers. Served with chips, rice or half & half with naan bread, a poppadom and mango chutney  
£15.50

Why not add chicken breast for £2 extra

*All served with chips, rice or half & half, a poppadom & mango chutney*

<b>CHICKEN SALAD</b> £14.50 chicken breast on a bed of mixed leaf, peppers, tomatoes, onions and cucumber with a honey & mustard dressing <i>With your choice of spice : Cajun, Fajita or Plain</i> <i>Add Bacon : £2.50</i>	<b>BEEF BURGER</b> £17.95 A succulent blend of Ox Cheek, Short Rib beef burger served with bacon, cheese & burger sauce <i>Add: onion rings £2.50</i>
<b>GRILLED HALLOUMI SALAD (V)</b> £13.95 grilled halloumi on a bed of mixed leaf, peppers, tomatoes, onions and cucumber with a honey & mustard dressing	<b>BUTTERMILK CHICKEN BURGER</b> £19.50 Chicken breast coated in buttermilk and breadcrumbs topped with cheese and sweet chilli sauce <i>Add: onion rings £2.50</i>

*swap your chips for sweet potato fries for £1.50 each*